

# Mycah Harrold

Mycah.Harrold@email.wsu.edu

## EDUCATION

Washington State University, Experimental Psychology 2014-Present  
M. S., Anticipated Fall 2015

B.S., Western Oregon University, Psychology 2011-2013  
Major – Psychology  
Minor – Gender Studies  
GPA – 3.97

A.S., Chemeketa Community College, Transfer Degree 2009-2011  
Degree – Associates of Arts Oregon Transfer Degree  
GPA – 3.96

## EDUCATIONAL EXPERIENCE

Graduate Student, *Washington State University* August 2014 - Present  
Mentor: Dr. Joyce Ehrlinger

Being trained in quantitative methods, appropriate data analysis and treatment, experimental psychology methodology. Explore other disciplines, such as Communications, to supplement and inform my psychology and research knowledge. Take courses, such as Industrial-Organizational Psychology, to round out my understanding of the social psychology field as a whole.

Undergraduate Student, *Western Oregon University* 2011-2013  
Completed a wide-array of psychology classes, including social, developmental, cognitive, theories of personality and research methods. Wrote cutting edge article reviews on recently-published research and gained experience in reading and evaluating published studies. Two Quantitative Methods statistics courses. Created group presentations, both in PowerPoint and filmed videos. Completed gender studies courses, including human sexuality, sociology of gender, communication and gender, and gender issues. Learned to evaluate covert messages regarding gender expectations in primary sources, print ads, television ads and movies. Honed skills in meshing psychology and gender studies elements. Developed and designed research studies to explore questions that have arisen in both disciplines. Educational achievements include: Academic Honor Roll, graduating Summa Cum Laude with a cumulative institutional GPA of 3.97.

Teaching Assistant, Dr. Debi Brannan, *Western Oregon University* Spring 2013  
Provided support for students taking an Introduction to Research Methods class. Was available to help with brainstorming for individual research projects, offer suggestions for writing assignments and answer class-related questions. Offered input and contributed to classroom discussions and lectures. Was available to help students and answer questions in a Mental Health class. Contributed to class content. Distributed and collected class materials. Assisted the professor with class preparation.

Note-Taker, *Western Oregon University* 2011-2013  
Worked as Note-Taker for the Office of Disability Services. Took legible and comprehensive notes in assigned classes for students with disabilities. Uploaded notes to an online system and posted them for students.

Undergraduate Student, *Chemeketa Community College* 2009-2011  
Gained a basic working knowledge of various disciplines, including English and world literature, physical science, writing, algebra, psychology and women's studies.

## **RESEARCH EXPERIENCE**

Intervention Developer/Planner, *Washington State University* June 2014 - Present  
Social-Cognition Lab, Dr. Joyce Ehrlinger  
Work to develop and implement intervention presentations on fixed/growth mindsets geared to incoming college students, high school students and the public. Collect data on the effectiveness of the interventions.

Project Co-Manager, *Washington State University* August 2014 - Present  
Title: Naïve Realism & College Student Politics  
Work with another graduate student to develop and refine methods and design of the study. Read the literature and identified a new line of research.

Undergraduate Research Lab Manager, *Western Oregon University* 2012 - 2014  
Advisor: Dr. Debi Brannan  
Managed the Social-Cultural Research Lab with Dr. Debi Brannan. Served as a liaison between lab and the psychology department. Maintained pertinent deadlines and monitor the status of projects. Scheduled meetings, work sessions, interviews. Collaborated with advisor to plan weekly meeting agendas. Collaborated with the team to write papers and prepare for presentations. Organized travel. Fostered an effective working environment within the group by planning team building activities; due to the size of the lab, cohesiveness was a top priority. Conducted a literature review for a study regarding Teaching English as a Second Other Language (TESOL) teachers. Prepared IRB applications for future projects. Led interviews and hiring process for new team members.

Project Co-Manager, *Western Oregon University* 2013 - 2014  
Title: Study of College Students' Daily Work/Family/School Life  
PI: Debi Brannan, Ph.D.  
PI: Lauren Murphy, Ph.D.  
Managed a daily diary study in collaboration with Dr. Brannan and her colleague Dr. Lauren Murphy from Harvard University. This study was been designed to explore the process of how college students balance work, family and school. Played a key role in preparation for data collection by creating and designing an organizational system. Created promotional materials. Work extensively with an online survey provider. Was trained in how to conduct intake interviews with participants, and then trained other lab members. Responded to and scheduled participants at various steps in the process. Kept in daily contact with co-manager and primary investigator regarding participants, scheduling and survey administration. Maintained a participant calendar.

Primary Investigator, *Western Oregon University* 2012- 2014  
Title: Granola & Lipstick: Perceptions of Feminists  
Faculty Advisors: Dr. Debi Brannan & Dr. Joel Alexander  
Developed a three-part study to explore feminist self-labeling, types of feminism and the feminist stereotype as part of a Quantitative Research Methods class. Chose to get full IRB approval, which was not a requirement for the course. Presented a proposal for this project in a classroom setting. Developed a survey of stereotypical traits of feminists. Revised a verbal manipulation. Created a pictorial manipulation. Completed an IRB application. Conducted an oral presentation of this project at a Western Oregon University conference.

Undergraduate Research Assistant, *Western Oregon University* 2011-2012  
Advisor: Dr. Gale Lucas  
Worked in the Social-Clinical Research Lab. Assisted at data collection sessions. Completed paperwork at various levels of the research process, including IRB and conference applications. Prepared PowerPoint presentations, both individually and as part of the group. Attended and contributed to regular lab meetings.

Primary Investigator, *Western Oregon University* Winter 2011  
Title: Feminist Self-Labeling & Attitudes Toward Women  
Faculty Advisor: Dr. Debi Brannan  
Individually created and carried out a study to explore feminist self-labeling in an Introduction to Research Methods course. Wrote a comprehensive literature review regarding feminist self-labeling. Developed hypotheses and testing procedures. Used statistical methods to analyze the data collected. Reported findings in an APA style paper. Presented a poster of the study at the Academic Excellence Showcase at Western Oregon University and in a classroom setting.

## **PUBLICATIONS**

Harrold, Mycah L. (2014) "Lipstick and Granola: Perceptions of Feminism," *PURE Insights: Vol. 3: Iss. 1, Article 7.*

Johnson, Randal K.; **Harrold, Mycah L.**; Cochran, Daisy J.; Brannan, Debi Ph.D.; and Bleistein, Tasha (2014) "An Examination of the First Years: Novice ESOL Teachers' Experiences with Loneliness and Stress," *PURE Insights: Vol. 3: Iss. 1, Article 8.*

## **PRESENTATIONS**

**Harrold, M.**, Ehrlinger, J., Trzesniewski, K., & Singleton, J. (To be presented). Involve me & I learn: Mindset, gender & self-regulated learning. *Poster presented at the 15<sup>th</sup> annual conference of the Society for Personality and Social Psychology, Long Beach, CA.*

Johnson, R.K., **Harrold, M.**, Wester, S., Daquilanto, K. Davis, A., Duhart, S., Palmer, M., Brannan, D., & Foster, D. (2014). Psychological well-being and using cognitive processing during an expressive letter writing exercise. Presented at Academic Excellence Showcase. Monmouth, OR.

**Harrold, M.** (2013). Lipstick & granola: Perceptions of feminism. Oral presentation at the Western Oregon University Academic Excellence Showcase, Monmouth, Oregon.

Shimabukuro, L., **Harrold, M.** & Cochran, D. (2013). The influence of loneliness on novice ESOL teachers' perceived stress. Poster presentation at the Western Oregon University Academic Excellence Showcase, Monmouth, Oregon.

Shimabukuro, L., **Harrold, M.** & Cochran, D. (2013). The influence of loneliness on novice ESOL teachers' perceived stress. Poster presentation at the Western Psychological Association convention in Reno, Nevada.

Shimabukuro, L., **Harrold, M.**, Cochran, D. & Simpson, D. (2013). The influence of loneliness on novice ESOL teachers' perceived stress. Oral presentation at the Oregon Academy of Sciences convention at Willamette University, Salem, Oregon.

**Harrold, M.** (2012). Feminist Self-Labeling and Attitudes Toward Women. Poster presentation at the Academic Excellence Showcase at Western Oregon University, Monmouth, OR.

Moorehead, D., Pike, A., Mayes, J., **Harrold, M.** & Shimabukuro, L. (2012). Belongingness and social motivations. Oral presentation at the Academic Excellence Showcase at Western Oregon University, Monmouth, OR.

## **RESEARCH INTERESTS**

- Entity and incremental mindsets and their implications for success outcomes
- Gender as a social construct
- Implicit theories
- Overconfidence and beliefs about the ability to persuade
- Psychology of courage

## **RESEACH IN PROGRESS**

Naïve Realism in Moral/Logical Political Issues

PI: Mycah Harrold (Master's Thesis)

Naïve Realism & College Student Politics

PI: Joyce Ehrlinger

Study of College Students' Daily Work/Family/School Life

PI: Debi Brannan, Ph.D.

PI: Lauren Murphy, Ph.D.

## **LEADERSHIP EXPERIENCE**

Vice President, Phi Kappa Phi Honor Society

Sept 2012-June 2013

Western Oregon University Chapter

Attended board meetings to discuss and planned the Academic Excellence Showcase and induction of new members. Administered the Society's social media presence. Worked

alongside the other student Vice President of the Society to fulfill the responsibilities.

### **VOLUNTEER EXPERIENCE**

Teaching Research Institute- Child Development Center,  
Western Oregon University, Monmouth, OR

Sept 2011-June 2012

Worked directly with a group of children aged 3 to 6 for 3-5 hours a week. Fostered an environment of learning, safety and inclusion. Collaborated with supervisors and other volunteers. Maintained a time-card. Interacted with children with special needs.

### **AWARDS & HONORS**

Summa Cum Laude graduate, Western Oregon University

Outstanding Psychology Senior, Western Oregon University

Psychology Department Scholarship, Western Oregon University

Phi Kappa Phi National Honor Society

President's & Dean's Honor Roll, Western Oregon University

Binney Scholarship, Western Oregon University

### **MEMBERSHIPS**

Society for Personality and Social Psychology, Member

APA Division 35, Society for the Psychology of Women, Member

Mental Health First Aid Certification

National Institutes of Health- "Protecting Human Research Participants" Certification