

# SLEEP STUDY

Washington State University, Spokane  
Sleep and Performance Research Center



Seeking paid participants for 36 hour in-laboratory sleep study

Must be 30–55 years old, healthy per industry fit-for-duty standards,  
and working a day shift schedule or working a stable night shift schedule (for at  
least 5 years)

**Pays up to \$455**

Contact the Sleep and Performance Research Center  
at Washington State University Spokane

Call: (509) 358-7751

Email: [sleepcenter@wsu.edu](mailto:sleepcenter@wsu.edu)

Visit our website: [labs.wsu.edu/sprc/research-volunteers/](http://labs.wsu.edu/sprc/research-volunteers/)

Washington State University's Institutional Review Board reviewed and approved the study for human subject participation. Participants must meet inclusion/exclusion criteria to be enrolled.